

1st Sept, 21st Sept, 12th Oct, 2nd Nov, 14th Dec, 4th Jan, 25th Jan

7th Sept, 28th Sept, 19th Oct, 9th Nov, 30th Nov, 21st Dec, 11th Jan, 1st Feb

14th Sept, 5th Oct, 26th Oct, 16th Nov, 7th Dec, 28th Dec, 18th Jan, 8th Feb

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Cereal Selection - Coconut Milk Porridge and Fruit - VARIOUS	Cereal Selection - Crumpets with Honey Butter - VARIOUS	Cereal Selection - Homemade Beans on Toast - VARIOUS	Cereal Selection - Scrambled Eggs and Toast - VARIOUS	Cereal Selection - Croissant and Jam Or Butter - VARIOUS
MAIN OPTION	Chicken Pot Pie GL	Chickpea and Sweet Potato Curry with Wholegrain Rice DA	Roasted Lemon and Thyme Chicen Breast With Roast Potatoes & Gravy SU - CE	Beef Cottage Pie with Hidden Vegetable Mash GL - SU - CE	Battered Fish Fillet with Chips GL - FI
VEGETARIAN OPTION	Macaroni & Cauliflower Cheese, Topped with Bread Crumbs GL - DA - SO - SE	Chickpea and Sweet Potato Curry DA	Handmade Vegetarian Plait with Roast Potatoes and Gravy GL - CE - SU	Homemade Pesto and Mozzarella Pasta (Nut Free) DA - GL	Mixed Peppers & Vegetable Potato Skins DA
VEGETABLES	Carrots & Garden Peas	Sweetcorn & Broccoli Florets	Parsnips, Garden Peas & Carrot	Mixed Vegetables	Carrot & Peas/ Baked Beans
DESSERT	Yoghurt	Fresh Fruit	Yogurt	Iced Carrot Cake GL - DA - EG - SO	Fresh Fruit
AFTERNOON TEA	Jacket Potato with Beans or Cheese - Fruit Selection VARIOUS	Warm Savoury Cheese Scone with Pear Chutney - Fruit Selection VARIOUS	Pasta Pomodoro - Fruit Selection VARIOUS	Home-made Baked Beans on Toast - Fruit Selection VARIOUS	Vegetable Enchillada - Fruit Selection VARIOUS

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Cereal Selection - Coconut Milk Porridge and Fruit - VARIOUS	Cereal Selection - Crumpets with Honey Butter - VARIOUS	Cereal Selection - Homemade Beans on Toast - VARIOUS	Cereal Selection - Scrambled Eggs and Toast - VARIOUS	Cereal Selection - Croissant and Jam Or Butter - VARIOUS
MAIN OPTION	Chicken & Sweetcorn Pasta Bake in a Cauliflower White Sauce DA - GL	Chillie Non Carne with Wholegrain Rice GL - CE	Honey Glazed Turkey with Roast Potatoes & Gravy CE - SU	Beef Pasta Bolognaise Bake DA - GL	Battered Fish Fillet with Chips GL - FI
VEGETARIAN OPTION	Vegetarian Tikka with Wholegrain Rice DA	Chillie Non Carne with Wholegrain Rice GL - CE	Vegetable Sausage with Roast Potatoes & Gravy GL - CE - SU	Roast Vegetable Hot Pot with Gravy SU - CE	Layered Vegetable Lasagne GL - DA
VEGETABLES	Carrots & Broccoli Florets	Sweetcorn & Cauliflower Florets	Mixed Vegetables	Carrots & Garden Peas	Carrots & Peas/ Baked Beans
DESSERT	Yogurt	Fresh Fruit	Yoghurt	Upside down Pineapple Cake GL - DA - EG - SO	Fresh Fruit
AFTERNOON TEA	Jacket Potato with Beans or Cheese - Fruit Selection VARIOUS	Warm Savoury Cheese Scone with Pear Chutney - Fruit Selection VARIOUS	Pasta Pomodoro - Fruit Selection VARIOUS	Home-made Baked Beans on Toast - Fruit Selection VARIOUS	Vegetable Enchillada - Fruit Selection VARIOUS

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Cereal Selection - Coconut Milk Porridge and Fruit - VARIOUS	Cereal Selection - Crumpets with Honey Butter - VARIOUS	Cereal Selection - Homemade Beans on Toast - VARIOUS	Cereal Selection - Scrambled Eggs and Toast - VARIOUS	Cereal Selection - Croissant and Jam Or Butter - VARIOUS
MAIN OPTION	Harvest Chicken Casserole	Vegetable Spaghetti in Pantry Tomato Sauce GL	Roast Chicken With Roast Potatoes CE - SU	Traditional Beef & Roasted Vegetable Lasagne DA - GL	Battered Fish Fillet with Chips GL - FI
VEGETARIAN OPTION	Chunky Vegetable Casserole	Vegetable Spaghetti in Pantry Tomato Sauce GL	Hand Made Vegetarian Wellington with Roast Potatoes CE - SU - GL	Cheese & Tomato Pasta Bake GL - DA - EG	Veggie Bean Fajita with Wedges GL - DA
VEGETABLES	Carrots & Garden Peas	Sweetcorn & Broccoli Florets	Carrots & Shredded Cabbage	Mixed Vegetables	Carrots & Peas / Baked Beans
DESSERT	Yogurt	Fresh Fruit	Yogurt	Lemon & Lime Drizzle Cake GL - DA - EG - SO	Fresh Fruit
AFTERNOON TEA	Jacket Potato with Beans or Cheese - Fruit Selection VARIOUS	Warm Savoury Cheese Scone with Pear Chutney - Fruit Selection VARIOUS	Pasta Pomodoro - Fruit Selection VARIOUS	Home-made Baked Beans on Toast - Fruit Selection VARIOUS	Vegetable Enchillada - Fruit Selection VARIOUS



ALLERGY KEY

CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / DAIRY - DA
MOLLUSCS - MO / MUSTARD - MU / NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE / SOYA - SO / SULPHUR - SU