



**Little Learners**  
NURSERY GROUP

## **Potty & Toilet Training**

**Reviewed: July 2019**  
**To be reviewed: July 2020**

The Nursery staff are experienced in helping children to potty train. If you think your child is developmentally ready to start using the potty we will endeavour to support you and your child to the best of our ability.

Potty training can be a very daunting process for parents but please be assured that our staff will work with you every step of the way to ensure the process is a smooth one. Please be aware that it can take longer for a child to potty train at Nursery as there is so much more happening within the environment than at home. This is why we ask you to start potty training your child at home for a short period before it is introduced at Nursery.

Please be aware of the following protocol that your child's key workers will follow:

- Once you have introduced potty training to your child at home, we will start encouraging your child to sit on the toilet (child size) at Nursery. We will try to copy your routine as closely as possible to maintain continuity for your child.
- We will take the children to the toilet training area at regular intervals throughout the day. We will ask the children often if they need to use the toilet and have visual prompts and reminders in the classroom. We will use a variety of techniques to praise and encourage your child to use the toilet successfully e.g. sticker system.
- We request that your child arrives at Nursery in a 'pull up' to encourage them to use them as 'pants/knickers' when using the toilet rather than taking off a nappy. The 'pull up' phase should only last a week or so as we have found them to be counterproductive after such time.
- If your child is dry and asking for the toilet, we strongly recommend you don't use 'pull ups'
- Your child needs to wear suitable clothing when toilet training (no belts, dungarees or vests with poppers).
- Whilst your child is toilet training their key worker will keep you informed on their progress. When you feel your child is ready to wear knickers/pants to Nursery we ask that you discuss this with your child's key person.
- At first, we will put your child back in pull-ups for relaxation and sleep time, until your child is dry throughout the day.
- Accidents will be dealt with calmly, sympathetically and in a way which does not make the child think they have done wrong.
- We request that if your child is toilet training you bring in sufficient spare clothes for the staff to dress your child if they should happen to have an accident. (This includes spare socks) Croc type shoes are fantastic during this phase as we can wash and dry them easily.

- We understand that due to changes in routines or at home some children may regress. If your child has been dry for a while and they begin to have accidents your key person will work with you and support your child through this time. They will not be put back into 'pull ups' as this may make them more insecure but will be encouraged more than usual to use the toilet/potty. Again we recommend limited use of Pull Ups as children tend to learn quicker without them.

We would expect all children to be fully toilet trained by the time they move on to Pre-school. It is therefore important to start this process early. If you have any concerns that your child may not be fully toilet trained by the time they are due to move into this age group (due to a diagnosed medical condition for example) you must speak to a member of the Nursery team as early as possible so a support plan can be put in place.