



Little Learners
NURSERY GROUP

Child Sickness Policy

Reviewed: July 2019

To be reviewed: July 2020

Here at Little Learners, we feel that children need to be fit and well in order to get the most from the setting. This policy has been prepared to ensure that the emotional and physical well being of the children come first. Please inform us of illness.

- Children should not attend nursery if they are clearly unwell or distressed through illness. If a child attends nursery and becomes unable to cope with the nursery day parents/carers will be contacted to collect their child.
- Parents/carers need to make suitable arrangements for emergency care to be available and leave adequate contact numbers should their child become unwell and the nursery need to contact parent/carers.
- Children who have been prescribed antibiotics to treat an infection or illness should remain at home for at least 24 hours to ensure there are no adverse side effects. Prior written permission for the administration of each and every medication must be completed by the parent/carer.
- Nursery staff are only able to administer medication if it is in the original container, clearly labelled with the child's name and is within its expiry date. Nursery staff will only give the dose recommended on the prescription. It is important to remember that the nursery is not legally bound to administer any medicine.
- If your child has an infectious disease or another illness advice should be sought from either your GP or Health Visitor. Appropriate exclusions will apply. The nursery uses 'Guidance on infection control in schools and other childcare settings' and NHS Direct online advice.
- Children who have suffered a bout of sickness and diarrhoea must not attend nursery for 48 hours after their last episode. If a child suffers sickness and/or diarrhoea whilst at nursery parents/carers may be contacted to collect their child. Typically we will contact you if your child has 3 episodes of diarrhoea during a nursery session or an episode of diarrhoea combined with vomiting. However, the nursery reserves the right to make a judgement on each individual case as to whether the child must be sent home. This will be based upon the severity of the diarrhoea and/or vomiting and the physical and emotional wellbeing of the child.
- In children under five, a fever is considered to be a temperature higher than 37.5C (99.5F). If a child gets a high temperature (fever) during their nursery day, various measures will be used to try and reduce their temperature e.g. giving lots of fluids, removing clothing and fanning. As a last resort parents will be contacted to confirm they give permission to administer liquid paracetamol. They will be asked if the child has been given any other medication that day and the time it was administered at home. Once 5ml of liquid paracetamol has been administered the child will be closely monitored for the next 30 minutes with their temperature taken at 10 minute intervals. If their temperature returns to normal and the senior nursery staff feel the child is well enough to stay at nursery, they will be able to continue their session. If the child continues to have a high temperature and/or present as being unwell the parents/carers must collect their child. The nursery reserves the right to make a judgement on each individual case as to whether the child must be sent home. This will be based upon the severity of the fever and the physical and emotional wellbeing of the child. The Nursery will not administer more than one emergency dose of liquid paracetamol in one daily session. Nurofen will not be given unless prescribed by a doctor.
If parents are administering Calpol to their child in the morning, they should not bring their child into nursery as they are unwell. The exception to this is teething or if the manager has agreed under special circumstances. Children who have had a temperature and given calpol must remain away from nursery for 24 hours from the last dose of calpol.

- **If a child's temperature reaches 40C+ and cannot be quickly reduced through the administration of emergency liquid paracetamol and/or cooling techniques an ambulance will be called. A senior member of staff will travel with the child and parents will be contacted. These arrangements need to be nmade in advance of child arriving at the nursery. Parents MUST make a Senior Manager aware if they have administered liquid paracetamol (Calpol) at home.**